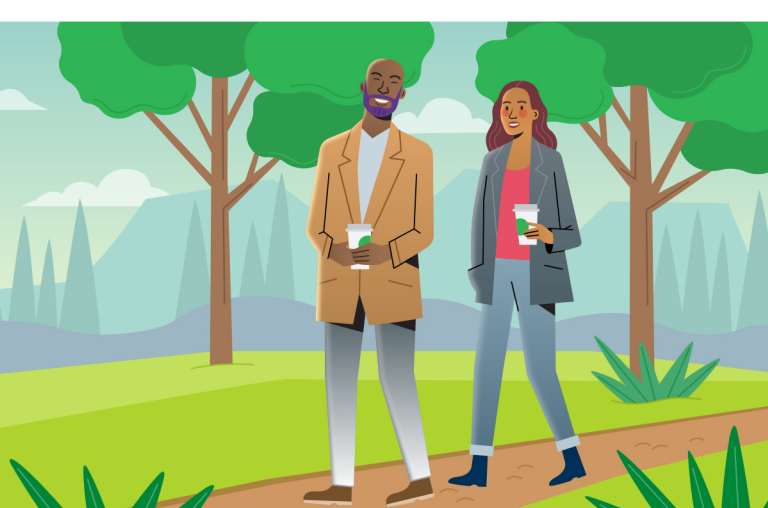


MARCH 2022 – eHEALTH ALERT



FOR YOUR HEALTH



Get Moving! Join Gympass Personal Trainer, Natalie Montesino, on March 16th at 2 pm Eastern for a HIIT workout to get your body moving. This workout will be fun, interactive, and rewarding. Click [here](#) to register for this free workout. See you there!

Want to know more about Gympass? Join us for a Kahoot game on March 22nd at 2 pm Eastern to learn all about how to sign up, the plans, and the features you now have access to such as gyms/fitness studios, live-streamed classes, 1:1 personal training, and a variety of wellness apps you can download and use anytime. The winner will even get a \$50 gift card!! You can register [here](#) for this 30-minute session.

FOR YOUR WEALTH

Total Reward Statements

Need a reminder of the total value of your reward package at Pearson? Review your Total Reward Statement by accessing the My Total Rewards icon on [myCloud](#). Your total package communicates the value of your total rewards package. Besides compensation, understand the different benefit policies and value-added programs relevant to you, with specific contact details at your fingertips.

Pearson Scholarship Program

In the US and Canada, Pearson's Scholarship Program provides scholarship opportunities for employees' children to help offset the cost of college. Details of the program can be found in myHR. Look out for more information coming later in the month.

401(k) Educational Webinars

Missed the webinar about the addition of the Roth feature to the 401(k)? Want to listen to the webinar with your spouse/partner? Click [here](#) to access the recording of the educational webinar that explains how the Roth feature works and learn about all the new tools at Empower so you can have a three-dimensional view of your overall financial health.



FOR YOUR LIFE



We all face challenges as we try to maintain balance and be our best selves. The wellness seminars offered through the Employee Assistance Program can help. Join the live webcast listed below or listen on-demand at a time that's convenient for you.

Managing Change — April 6, 2022, 2 pm Eastern.

Change isn't easy. We'll explore why it's so stressful and share real-world strategies for moving through transitions in a positive way.

For eligible employees of Pearson Education Inc. and the affiliated operating companies of Pearson Education Inc. that participate in these Pearson sponsored benefit plans.